



Heatons Centre on Wednesday Afternoons 1-3pm
Refreshments: Meeting friends-games-Jigsaws-Table
Football -Scrabble-Pool

Headway South Manchester & Stockport Branch

NEWSLETTER

****July 2014****

Contacts: Rachel Rees 0773320049; Janet Penny 07545182658

Hi Members

Tenpin Bowling Night Thursday 20 February

We had 3 lanes and the group enjoyed a great evening together with food and refreshments. Many thanks Janet and Amanda for organising the event.

Quiz night Thursday 20 March

Due illness John Habron, Music therapist was unable to attend so Keith Davies kindly stepped in at the last minute as a super quiz master! All 3 teams were very competitive and played to a high standard. Many thanks to Keith for organising a stimulating fun evening for all.

Chinese Meal Thursday 17 April

It was a nice sunny evening for our trip to the Chinese Buffet. The restaurant had organised it so we could sit together, and the meal was excellent. It was Gurmit's birthday and at Narrinder's suggestion we arranged a surprise birthday cake and sang her happy birthday. Many thanks to Daniel for organising the evening.



East Orient Chinese Meal

May/June Meetings

We had planned to have an interesting speaker and subject of a play, Mr Hal Lever to talk to our group about his experiences as a brain injury survivor but, unfortunately he was unable to attend due to a fall

from which we hope he is now recovering and he plans to come to our group again before long. Instead we had an enjoyable social night at The Heatons Centre, chatting and catching-up amongst friends. There was no meeting in June because of the World Cup Football – shame about England's performance!☹

Didsbury Festival 7 June

Despite torrential rain in the morning our band of enthusiastic volunteers persevered and the sun finally shone late afternoon. Despite the terrible weather which definitely affected the numbers of people who could attend the event it was still a fantastic success making a profit of £989.20. Janet our organiser thanked everyone for their hard work and support both on the day and in the build-up and was amazed by our fabulous Team Headway. The profit made is a great reflection of the hard work everyone put in, including those who kindly made and brought cakes and made donations of food, help set-up, man the stall, sell raffle tickets, donated prizes and everything else – too many to mention! Thanks to those who sponsored the stall costs Irwin Mitchell Solicitors, Fentons, Slater & Gordon Solicitors and Potter Rees Dolan Solicitors. Watch this space for next year's festival – it is an annual event now!

Sunday 27 July Canal Trip at Marple

Meet at 12:30pm by The New Horizon Boat Mooring on the canal (near the bridge by the Ring O'Bells Pub). Parking is available. We will set off at about 1pm returning a couple of hours later. Please bring sunscreen and a hat/raincoat/umbrella if weather changes! For those walking on the towpath – sensible footwear needed please.

Stuart Bowdler

Sadly we lost Stuart suddenly on 29th April 2014 just a few months short of his 50th birthday. Stuart was a much loved and well known member of the group

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having attended regularly until very recently with his dad Reg over many years. He was a good friend to us all and will be very much missed. Our condolences go out to Reg and the rest of Stuart's family. Many of us were able to pay our respects at Stuart's funeral when a generous donation was made by those present at a collection for Headway and HeadForward – where Stuart had also been a regular attender. Reg has been a staunch supporter of our group both as a volunteer at the drop-in and outings and as Treasurer for many years, and he also ran the workshop at HeadForward in Withington.

Monthly Thursday Evening Meetings

Thursday 24 July

Crown Green Bowling night at the Red Lion Pub, Wilmslow Rd, Withington, Manchester M20 4BT (near Christies Hospital). We will meet outside next to the bowling green at 6.30-7pm, where those who would like to will be able to enjoy a game of Bowls (subject to the weather!) and the summer raffle organised by Janet will be drawn with fantastic prizes to be won.

NO THURSDAY MEETING IN AUGUST

**August - summer break – No Speaker or Activity
During this Month**

**THE DROP-IN WILL CONTINUE ON
WEDNESDAYS BETWEEN 1-3PM
THROUGHOUT AUGUST**

Future Thursday Meetings & Trips

Thursday 18 September

7:30pm Committee Room upstairs at The Heatons Centre. This will be a meeting to plan for the forthcoming overnight trip to Liverpool which is now likely to be held on either 11th/12th or 18th/19th October. Instead of 20th October. Please let the volunteers at the drop-in know if you are able to make either of these dates and look out for a future special newsletter/emailing with full details of the programme

of events and cost involved. We may also have a brief visit from Healthwatch Stockport who want to inform you about changes to health services and gather your views on these.

Thursday 16 October

7:30pm Committee Room upstairs at The Heatons Centre. John Habron Music Therapist will be attending for another musical evening.

Thursday 20 November

7:30pm Committee Room upstairs at The Heatons Centre. Annual General Meeting – this is your chance to come along and have your say about how your group is run. If you would like to help on the committee or in any way please do not hesitate to speak to one of our volunteers and put your name forward. **There will be a free prize raffle entry for all those attending.**

Saturday 6 December

At **2pm** Aladdin Pantomime matinee at Guide Bridge Theatre, Audenshaw Road, Audenshaw, Manchester, M34 5HJ (www.gbtheatre.co.uk). Followed by a Christmas meal at **5pm** at the Sheldon Arms. All places are now taken for this and we have a large party attending – thanks to Keith for all of his organisation. If you would like to come along please see one of the volunteers at the drop-in and put your name down on the cancellation list in case anyone can't come.

Wednesday 17 December

7:30pm Committee Room upstairs at The Heatons Centre. Christmas buffet at the drop-in 1-3pm please bring a plate of food for the finger buffet – something that can be easily eaten without knives and forks preferably.

Thursday 18 December – no monthly meeting this month due to earlier activities listed above.

Future Newsletters

We would also like further ideas for future venues/outings etc. from you our Headway Members. Do you have any ideas about trips or events for Heaton Centre as a group?

Please have a word with Nicola at the Drop In and she'll pass your ideas on to the committee

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