

The Heaton Centre on Wednesday Afternoon 1-3pm
Refreshments: Meeting Friends-Socialising-Games- Dominos-Scrabble-Pool
Thursday evening meetings at 7.30pm in committee room on 1st floor- press intercom to enter



Headway South Manchester & Stockport Branch

NEWSLETTER

****August 2016****

Contacts: Rachel Rees 0773320049 - Janet Penny 07714457705 - Suzanne Guest 07941459716

Hi Members,

Welcome to our August 2016 Newsletter. Here are just some of the things we have been up to and are planning.....

Saturday 11th June – Didsbury Festival

Once again we held our awareness and fundraising event at Didsbury Festival. Sadly, the rain was persistent and influenced how many people came along to support the day so we didn't beat last year's record amount raised. Nonetheless, it was a fantastic and fun day and the Headway team never stopped laughing whilst we raised nearly £400! We continued to sell raffle tickets up until the draw at the crown green bowling night on Thursday 21st July. The final total raised was £496.03. Thanks go to everyone on the Headway committee and all our attendees for the planning work and help at the festival on the day. A big thanks to everyone and hopefully the weather will be better next year!

Here are our brilliant Didsbury Festival sponsors:

Potter Rees Dolan Solicitors – Slater & Gordon Solicitors – JMW Solicitors – Irwin Mitchell Solicitors – Link Case Management – Work in Mind – Team Sport Go-Karting – Wheildon's Butchers – Stockport County FC – Styal Mill – Macleod Bradley Hair Salon – Joanne at Nazarene College Slimming World – Blue Planet Aquarium, Cheshire Oaks – Sarah Louise Makeup – Camperite.co.uk – Jennifer Savaris – Camilla McCorkell – Wyevale Garden Centre

Thursday 21st July – Crown Green Bowling

There was a fabulous turn out for the Crown Green Bowling and raffle draw at the Red Lion pub in Withington Village. Thank you to all our supporters who sponsored us or donated a raffle prize.

Thursday 23rd June – Indian buffet & social

A group of members and volunteers met at the Nawaab Restaurant in Levenshulme for our Thursday social evening and enjoyed some great food and company. Thank you to Sabrina McCarron for organising this event and to Dan Lee for being our Lead Volunteer on the night.

Sunday 10th July - Manchester Ship Canal to Liverpool

Unfortunately, the collapse of the new road bridge into the canal at Barton meant that this trip was cancelled until further notice. We shall look at this trip again as soon as they are able to resume sailing.

Trip Suggestions & Feedback

We would like your ideas for future venues, speakers or outings from our Headway members. Do you have any ideas about trips or events for our group? Let Nicola or Robin, our Member Representatives, know at the drop-in, or call one of the committee. If you have any ideas for future trips and outings and these will be considered at the next committee meeting.

THE HEATONS CENTRE, Stockport Signpost for Carers
Thornfield Rd, Heaton Moor, Stockport, SK4 3LD
Prepared by Richard Dann-Rachel Rees-Janet Penny
Headway South Manchester & Stockport Branch

The Heatons Centre on Wednesday Afternoon 1-3pm
Refreshments: Meeting Friends-Socialising-Games- Dominos-Scrabble-Pool
Thursday evening meetings at 7.30pm in committee room on 1st floor- press intercom to enter

Sunday 7th & Saturday 13th August – New Horizons Boat Trip

Due to demand we booked two canal trips from Marple Locks up to Poynton. Both were enjoyed by the attendees and the weather was kind, making the trips very relaxing and enjoyable. Note Elaine's royal wave – we think she thought she was on the QE2!



Future Thursday Evening Meetings & Trips (talks in committee room on 1st floor NOT the basement)

Bendrigg Lodge Activity weekend

We were aiming to have another trip to Bendrigg Activity Centre in the Lake District for 2 nights in November 2016 but due to their limited availability and us wanting warmer weather, we have postponed this activity until 5th – 7th May 2017. This is an excellent opportunity to enjoy a weekend away doing some more unusual and challenging activities such as rock climbing, canoeing, zip wire and orienteering, all topped off with a camp fire and a sing song! There will be a deposit of £50 required from members, with Headway subsidising the remainder of the trip costs. Please put your name in the diary or let one of the volunteers know if you wish to join us on this 3-day adventure. The deadline for deposits is likely to be around February 2017 but we will confirm this in due course.

PLEASE NOTE THERE WILL BE NO THURSDAY EVENING MEETING IN AUGUST DUE TO HOLIDAYS

Thursday September 2016 – Quiz Night

Join us for a fun social evening at The Heatons Centre. 7.30pm until 9pm.

Justice Pilot ID Cards

The Brain Injury Identity Card pilot ended on the 22nd July and we had many attendees apply. There is currently an evaluation process and our group will shortly be asked to complete an evaluation to feed back on the initiative. New applications are not now being accepted until after the evaluation process. Please let us know if you received one and have found it helpful when you have encountered a problem in the community so that we can feed this back.

Honorary Membership Award – Stephen Casey

We are delighted to report that one of our members, Stephen Casey, has received a special Honorary Membership award from Cancer Research UK. Stephen, who attended the Awards Ceremony in London, has volunteered at the Withington Cancer Research shop for 15 years and has been commended for his unwavering loyalty and commitment. Stephen's award certificate referenced his great personality, his drive, passion and commitment. Well done Stephen, we are all immensely proud of you!



Stephen Casey receiving his award.

THE HEATONS CENTRE, Stockport Signpost for Carers
Thornfield Rd, Heaton Moor, Stockport, SK4 3LD
Prepared by Richard Dann-Rachel Rees-Janet Penny
Headway South Manchester & Stockport Branch